



Animal Clinic, LLC

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Weight Loss Canine Food Recommendations

- ❖ Be sure that your dog's food has grain included
 - A 2018-2019 study by the FDA found a correlation between grain-free diets and the development of dilated cardiomyopathy (DCM), a type of heart disease.
 - For more information on grain-free diets and DCM, please visit:
<https://www.fda.gov/animal-veterinary/outbreaks-and-advisories/fda-investigation-potential-link-between-certain-diets-and-canine-dilated-cardiomyopathy>
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- ❖ Over the counter (OTC) weight loss diet options include:
 - **Purina Pro Plan – Weight Management**
 - **Royal Canin – Weight Care**
 - **Hill's Science Diet – Perfect Weight**
 - **Eukanuba – Fit Body Weight Control**
 - **IAMS – Healthy Weight**
 - ❖ Prescription weight loss diets are also available, such as:
 - **Hill's r/d Weight Reduction**
 - **Hill's Metabolic**
 - **Royal Canin Satiety Support**
 - **Purina Pro Plan OM Overweight Management**
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- ❖ When making a food switch, it is always recommended to **transition slowly** in order to avoid gastrointestinal upset:
 - ❖ Day 1-3: 75% current food, 25% new food
 - ❖ Day 4-6: 50% current food, 50% new food
 - ❖ Day 7-10: 25% current food, 75% new food
 - ❖ Day 11: 100% new food